

## SCIENTIFIC ANALYSIS OF THE HUMAN AURA

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### INTRODUCTION

The dominant biomedical paradigm that is the foundation of conventional Western medicine has had only limited success. Its Human Genome Project showed that less than 40,000 genes make up a human being (Claverie, 2001), even less than the number of genes in a grain of rice. Some key scientists question whether this approach is sufficient to account for all the information in a human being (Strohman, 1993). Additionally, this paradigm is very limited toward understanding healing and the *modus operandi* of many types of alternative therapies.

On the other hand, a new scientific worldview is emerging from biophysics. Based on chaos theory and quantum mechanics, the biophysical view of life focuses on its matrix of energy and information. Although the dynamics of these are very complex and often difficult to measure, work in this area is yielding insights into a subtler dimension of life.

Many lines of scientific and clinical evidence show that extremely tiny energetic stimuli to injured or sick organisms can promote healing. Homeopathy, biofield therapies, acupuncture, and bioelectromagnetic therapies—various types of energy medicine—demonstrate that tiny nudges, repeated over time, can shift the dynamics of the organism, nudging it into a healing state. These changes may be lasting after the stimulus is withdrawn. This is the basis of energy medicine. It is distinctly different from the approach of conventional medicine, which focuses on modifying the structure and/or biochemistry of life.

In relation to this, consider that virtually every indigenous culture has held a form of vitalism, the belief in a vital force or life energy. There is the concept of *qi* in China, *ki* in Japan, *prana* in India, and it goes by many other names worldwide. It is possible that all of the indigenous systems of medicine were founded on the principle of a vital force, and many of these medical systems remain outside of mainstream Western medicine today. In any case, vitalistic principles are key to many contemporary alternative systems of medicine, including homeopathy, chiropractic, Oriental medicine, Ayurvedic medicine, Anthroposophical medicine, and others.

Presently we have no such concept of a vital force in science or allopathic medicine, which was eradicated long ago from a mechanistic biology. Medical historian Harris Coulter describes the 2,500 year-old struggle between the vitalists and mechanists in their healing philosophies (Coulter, 1994), which still remains as the battle between alternative and allopathic medicine continues.

It is the author's goal to introduce an energy field concept consistent with contemporary biophysics, which builds a bridge from science to the indigenous concepts of *qi*, *ki*, *prana*, etc. The biofield hypothesis was recently proposed (Rubik et al., 1994; Rubik, 2002) as a scientific foundation. An empirical approach to measure the energy field patterns of life is also necessary. This study reports on use of a new method to assess the energy field patterns of humans.

There are various methods used to measure or otherwise assess the flow of subtle energy in the body. Electrodermal testing measures the flow of electricity at acupuncture

points, considered to correspond to the flow of energy along acupuncture meridians. Thermography maps the thermal patterns of the body. EEG, ECG, and other similar clinical diagnostics measure the electrical emission from key organs such as brain and heart, respectively, although the conventional belief is that this energy is simply waste. Scientists have also measured biophotons, the ultraweak light emitted from the body. Dowsing, psychic reading, and other subjective measures have also been used to assess the subtle energies of life. In this study, a form of digital electrophotography, also known as bioelectrography or digital Kirlian photography, is used to visualize part of the human biofield to ascertain information about the state of the person. This method is described in the next section.

## METHOD: DIGITAL KIRLIAN PHOTOGRAPHY AND COMPUTER ANALYSIS

Kirlian photography or electrophotography was discovered by Semyon Kirlian in 1939. Due to the Cold War between the US and Russia, American scientists only became aware of it in the 1970s. Because the photographic film method of Kirlian photography proved difficult to reproduce and replicate, it was initially dismissed by most Western scientists. However, over the next several decades, key holistic health practitioners such as Dr. Peter Mandel in Germany and others in Eastern Europe developed an enormous empirical database of medical case studies using this method (Mandel, 1989). In the late 1990s, physicist Konstantin Korotkov, Ph.D., and his colleagues at St. Petersburg invented a digital form of Kirlian photography, called GDV, or “gas discharge visualization” technique, and incorporated the knowledge base of Mandel and others in software programs to analyze the human aura according to empirical findings (Korotkov, 1998a; 1998b; 2002).

The GDV camera is presently the state-of-the-art in electrophotography. It utilizes a high frequency (1024 Hz), high-voltage (10 kV) input to the finger (or other object to be photographed), which is placed on the electrified glass lens of the camera. Because the electrical stimulus in this device is less than that of older Kirlian cameras, most human subjects do not experience any sensation when exposing their fingertip to the camera. In practice, the applied electric field is pulsed on and off every 10 microseconds, and the fingertip is exposed for only 0.5 seconds. This causes a corona discharge of light-emitting plasma to stream outward from the fingertip. The light emitted from the finger is detected directly by a CCD (charge-coupled detector), which is the state-of-the-art in scientific instruments such as telescopes to measure extremely low-level light. The signal from the CCD is sent directly to a computer, and software analysis is done to calculate a variety of parameters that characterize the pattern of light emitted, including brightness, total area, fractality, and density. The software can also provide color enhancement to enable subtle features such as intensity variations of the Kirlian aura to be perceived.

In assessing human subjects, the electrophotographs of all ten fingers are made and analyzed. A typical set of measurements from a normal healthy subject is shown in Figure 1.

Figure 1. Digital Kirlian photographs of all ten fingers of a normal healthy human subject. 1L = left thumb; 2L = left index finger, etc. Color enhancement can be done to indicate qualitatively regions of varying brightness. The total area, intensity distribution, density distribution, fractality, and other parameters can also be calculated for each pattern of fingertip emission.

From this raw data input, various software calculations are made. A schematic showing how the regions of the finger emission patterns correspond to various regions of the body is

shown in Figure 2 (Korotkov, 1998a, p. 208-1).

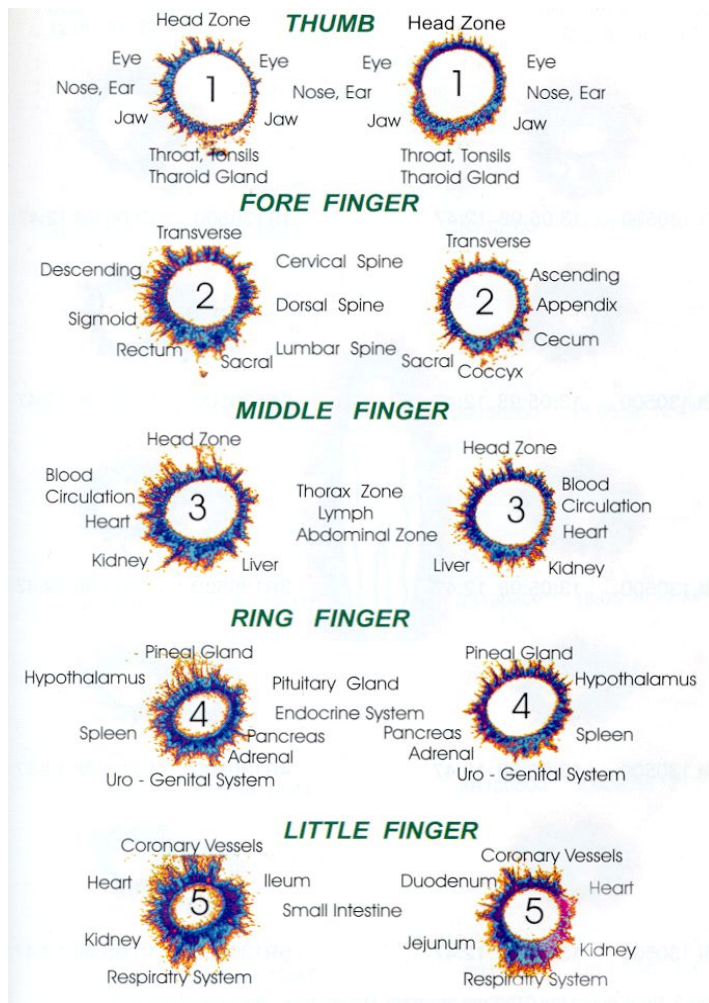


Figure 2. Assignment of the various regions of all ten fingers' emission to body zones and organs. This is based upon the work of Peter Mandel, who measured thousands of medical patients with Kirlian photography and discovered a correlation to the anatomy, as well as to the presence of various acupuncture meridians and acupoints in the fingertips (Korotkov, 1998a, p. 208-1).

All 10 emission patterns from the fingers then undergo sector analysis via another software program. The map of these sectors is shown in Figure 3 (Korotkov, 1998a, p. 208-3).

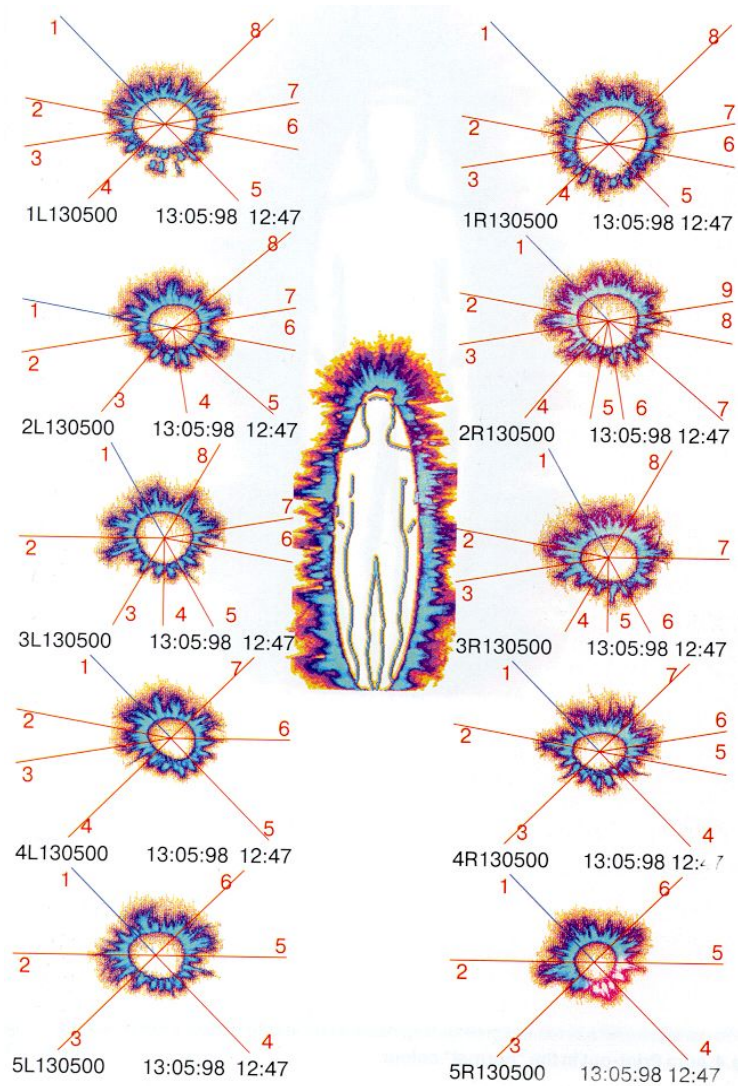


Figure 3. Schematic showing the defined sectors of the light emission of all ten fingers as well as the composite whole body aura computed from them. As an example of how this is utilized, sector number 8 on the left and right thumbs are combined mathematically to comprise the aura around the crown of the head. (Korotkov, 1998a, p. 208-3)

An example of the front view of a composite aura is shown in Figure 4.

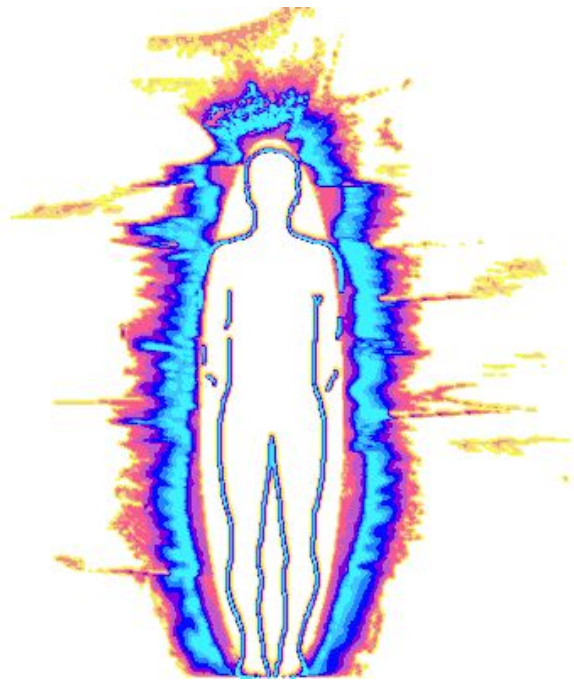


Figure 4. Whole body aura, front view composite of normal healthy human computed from digital Kirlian auras of 10 fingers according to algorithms based on empirical correlations with biomedical data and Traditional Chinese Medical theory of the acupuncture meridians. Right and left side views (not shown), can also be computed from the finger data. The total area, intensity distribution, density distribution, fractality, and other parameters can also be calculated .

Another software program creates diagrams showing the energy distribution in the various organ systems, as shown in Figure 5.

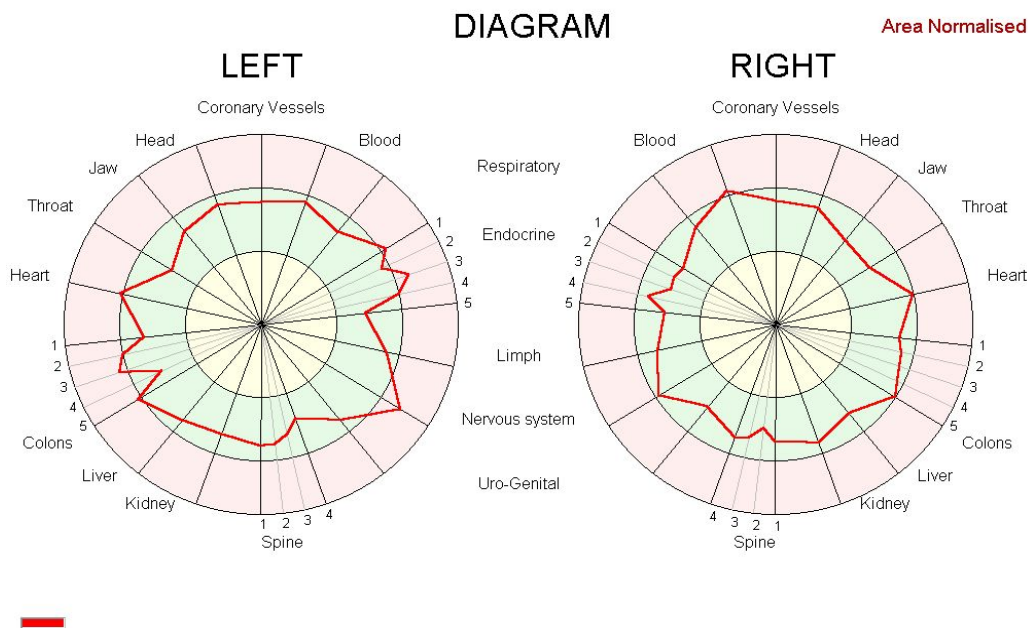


Figure 5. Organ diagram computed from software analysis of all ten fingers of a normal healthy human, showing energy distribution associated with various organs and organ systems. The left diagram is computed from the photographs of the fingers of the left hand, and the right, corresponds to data gathered from the right hand. Colons 1-5 on the left side correspond as follows: 1-transverse; 2-descending; 3-sigmoid; 4-rectum; 5-ileum. Colons 1-5 on the right side correspond as follows: 1-transverse; 2-ascending; 3-appendix; 4-caecum; 5-duodenum. Endocrine 1-5, left and right, correspond as follows: 1-whole system; 2-pineal; 3-pituitary; 4-hypothalamus; 5-thyroid. Regions of the spine, 1-4, correspond respectively to 1-cervical; 2-thoracic; 3-lumbar, and 4-sacral regions. The central zone of the circle is a region indicating energy deficiency or below normal energy levels; the intermediate ring indicates average energy levels, and the outer ring indicates inflammatory or excess energy.

Another software analysis computes the relative energy flow in the 7 chakras. Figure 6 depicts typical data obtained in the chakra analysis program for a normal health human.

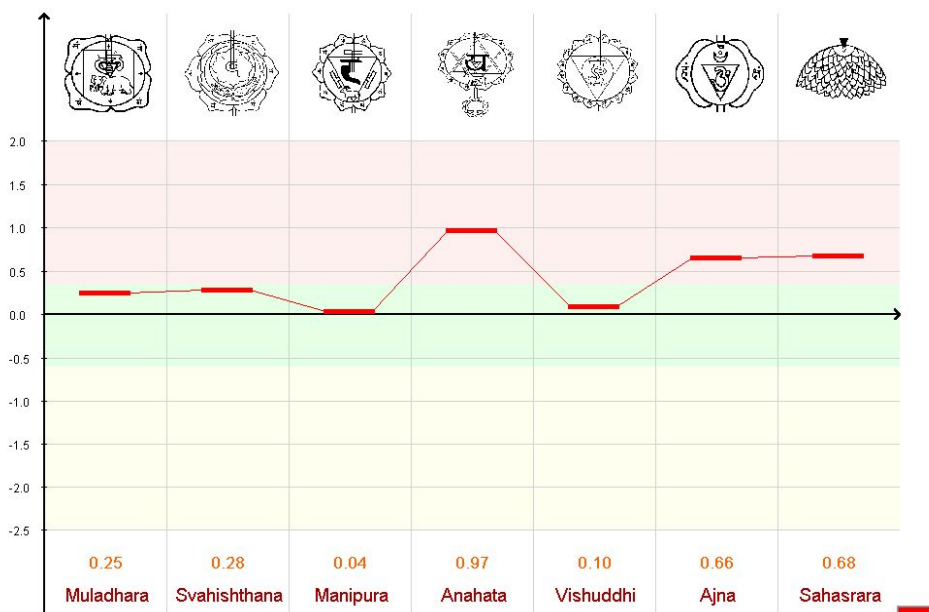


Figure 6. Relative energy distribution in the 7 chakras of a normal healthy human. Chakras 1 – 7 are shown from left to right. Typically the energy pattern shows the heart chakra (4<sup>th</sup>) with the highest energy peak as shown here. An energy distribution of  $-0.5$  or below is indicative of less than normal energy levels; between  $-0.5$  and  $0.5$  is indicative of normal energy levels; and above  $0.5$  is indicative of excess or inflammatory energy levels.

Figure 7 shows the schematic for the computer algorithm for calculating

the energy distribution in the 7 chakras based on the emission around the 5 fingers. The various portions of corresponding fingertip emission from the left and right hands are averaged in calculating the energy corresponding to a particular chakra (Korotkov, 2000, p.45).

Figure 7. Schematic showing the contributions of various portions of the fingertip emission patterns to each of the 7 chakras, respectively. For example, the ventral part of the little finger correlates with the heart chakra (Korotkov, 2000, p. 45).

The reproducibility of the Kirlian patterns of emission and the calculated diagrams is about 12% for human fingers, and about 3% for materials, according to our studies (data not shown). The 3% variability pertaining to materials testing is considered to be random error. However, the 12% variation with respect to human fingers reflects not only standard error, but the fluctuations in the energy dynamics of a living being, i.e., the “flicker of the flame of life.” Figure 8 shows the relative constancy of the organ diagram for a normal healthy human being over 2 measurements, taken at about the same time of day, but 3 days apart. As shown, the pattern of emission, which determines the relative energy distribution in the person’s organs, remains constant from day to day. That is, each adult displays an “energy pattern signature” in this method of testing.



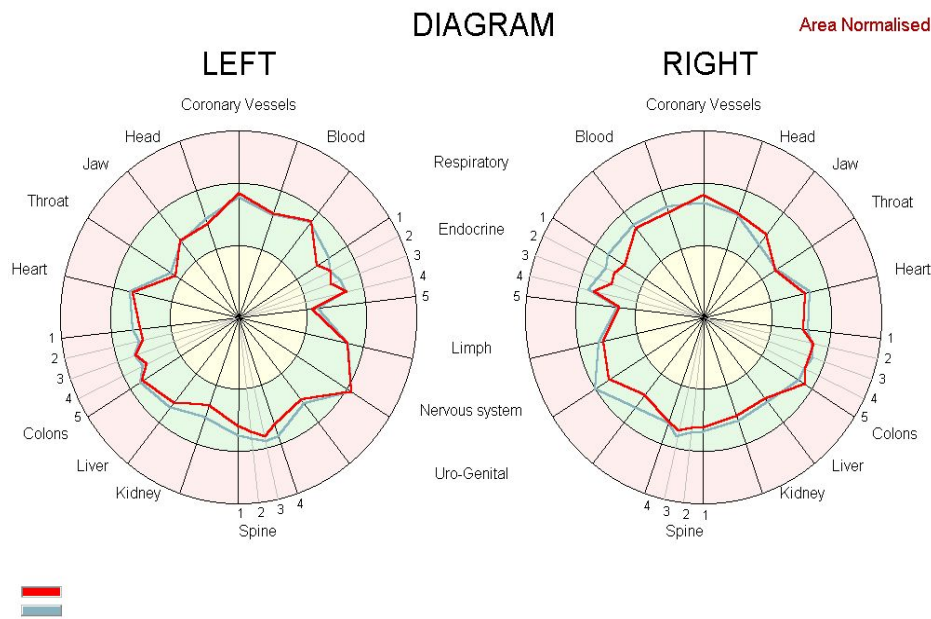


Figure 8. Two different organ diagrams for normal healthy person, superimposed taken 3 days apart at the same time of day, as indicated by black and charcoal curves. This superimposition shows the relative stability of this method for assessing various features of the energy field of the human being.

### Research Question

Does the Kirlian emission from the human body change following alternative medical interventions or healing practices, especially those that purportedly provide subtle energy nudges to stimulate natural healing? If so, how? Because this research was a preliminary study, no specific hypotheses were tested.

### Case Study Approach

The research question was addressed via case studies on four interventions or consciousness-altering events, including biofield therapy, hypnosis, entity possession, and qigong. We measured four normal healthy adults before and after the intervention or practice. The following cases are presented here: (A) Therapeutic Touch Practitioner,



before and after giving therapy; (B) hypnosis of inducible subject; (C) entity possession and release; (D) qigong practice. Control subjects constitute two additional cases, where no intervention was used, shown in (E) and (F). The energy patterns of human subjects were assessed once each for pre- and post-conditions.

## RESULTS

In general, changes were found to occur in the human energy pattern after a specific intervention or consciousness-altering activity, whereas control subjects who underwent no intervention showed no change. Results showing the pre- and post-composite auras, organ diagrams, and chakra diagrams are shown for cases A-F.

*A. Therapeutic Touch Practitioner.* The composite aura of the practitioner before she administered therapy to a patient is shown in Figure 9.

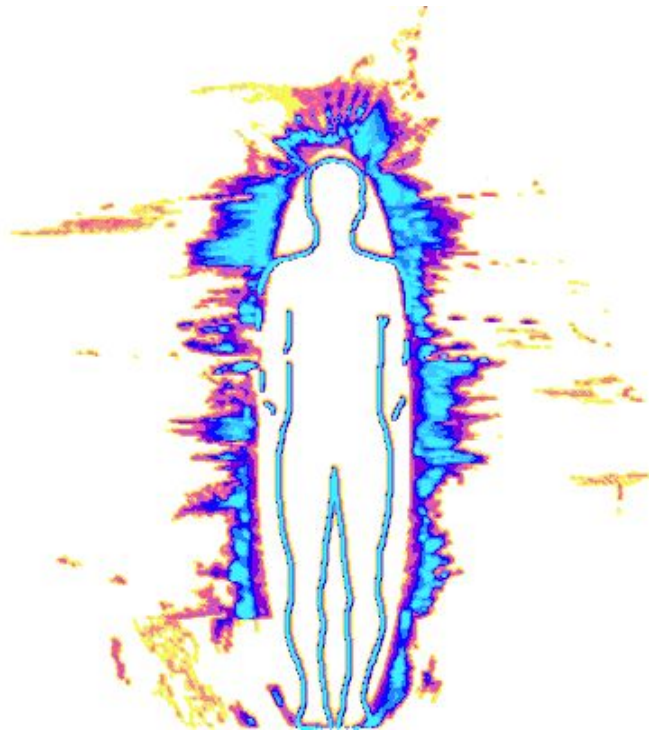


Figure 9. Initial composite aura for normal healthy female, 50, before administering Therapeutic Touch to patient.

Figure 10 shows the same subject after she gave a patient a 30-minute standard treatment of Therapeutic Touch to a pain patient. Note the general expansion and greater smoothness of the aura, and the filling in of gaps or discontinuities, indicating improved energy regulation following the practice of Therapeutic Touch.

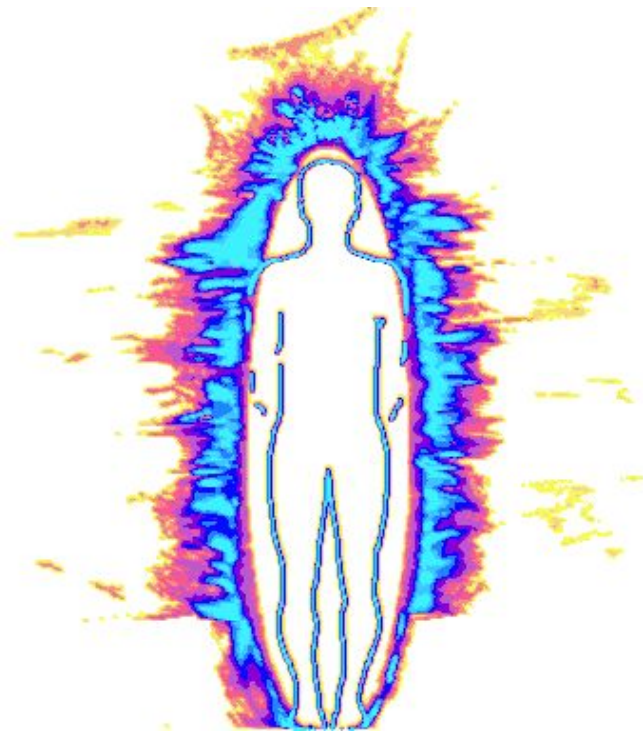


Figure 10. Composite aura for normal healthy female, 50, after providing 30 minutes of Therapeutic Touch to patient.

The organ and chakra diagrams for the pre- and post-conditions are shown in Figures 11 and 12, respectively. Figure 11 shows that post-Therapeutic Touch mobilizes an energy expansion in most organs as well as greater evenness of energy distribution throughout the body. Figure 12 shows that the subject has an apparent energy deficiency in chakras 2, 3, 4, and 7 before giving the treatment. After the treatment, the practitioner shows normal energy levels and energy distribution throughout all 7 chakras. Table 1 shows the integrated energy values for the 2 sides of the body both pre- and post. The larger values (less negative) in the post-condition indicate greater energy, and the reduced standard deviations indicate improved energy regulation throughout the body.

	Pre-Therapeutic Touch	Post-Therapeutic Touch
Left side	-0.741 (0.54)	-0.198 (0.47)
Right side	-0.956 (0.90)	-0.129 (0.38)

Table 1. Integrative energy values (relative) for 2 sides of the body for subject before and after giving Therapeutic Touch. Standard deviations are shown in parentheses.

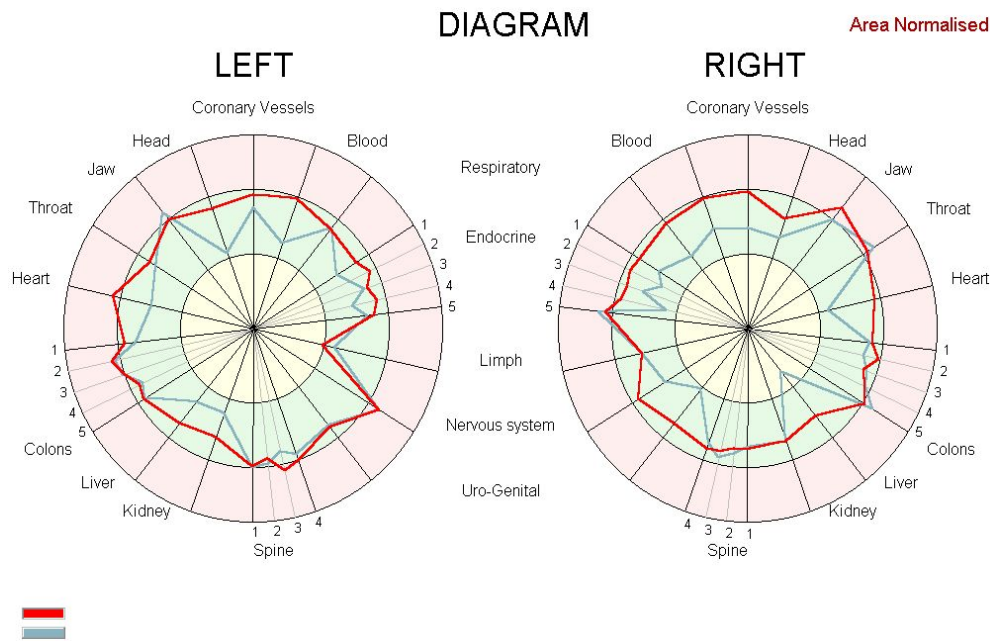


Figure 11. Organ diagram of female Therapeutic Touch practitioner, before (charcoal curve) and after (black curve) administering Therapeutic Touch to a patient.

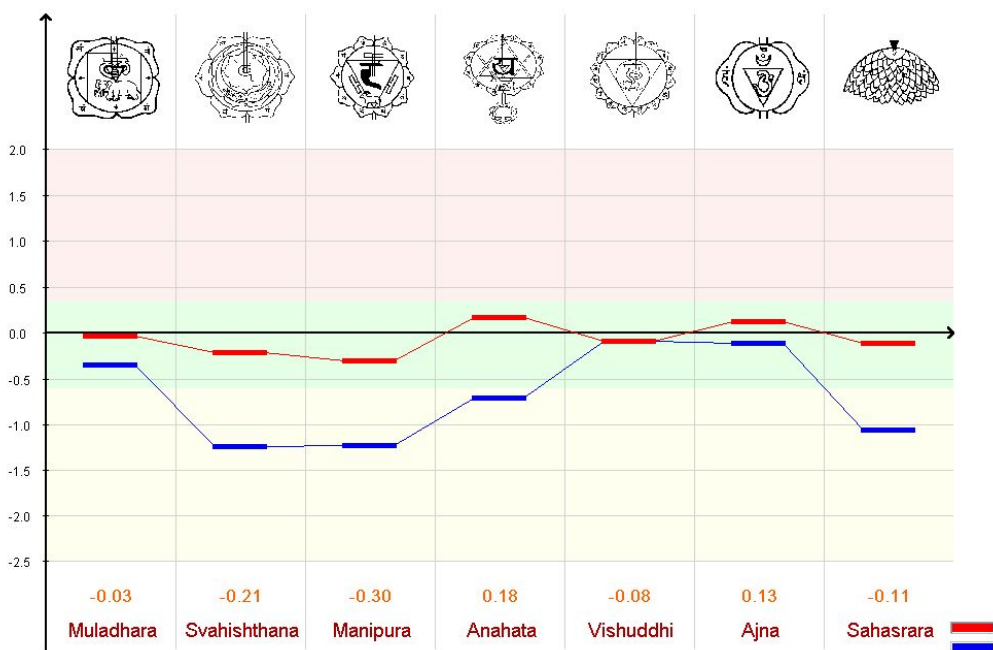


Figure 12. . Chakra diagram of female Therapeutic Touch practitioner, before (lower curve) and after (upper curve) giving a patient Therapeutic Touch.

Some biofield practitioners draw on their own systemic energy in treating patients, which may deplete them over time. However, in Therapeutic Touch (TT), the practitioner draws on a divine or cosmic source of energy outside herself and acts as a conduit to move this energy into the biofield of the patient. If the TT practitioner does this correctly, she is not depleted. These results indicate that this particular TT practitioner was energetically deficient in the beginning, but markedly improved following the act of treating a patient.

This case suggests what biofield therapists frequently say about their work—that they experience a feeling of energy expansion in the act of treating others. Namely, the practitioner experiences improved energy regulation after treating the patient.

### *B. Hypnosis of inducible subject*

This was a preliminary experiment involving 2 subjects to see if the hypnotic command to “reduce energy” and produce glove anesthesia in the left hand would produce a corresponding measurable lateral change in the human energy pattern. Two professional hypnotists were employed as subjects, and each of them hypnotized the other sequentially. It was ascertained that the subject, male, 49 years old, was in a deep trance by clamping a hemostat on the index finger of his left hand, which produced no sensation, indicating “glove anesthesia” was achieved. (Note: The data of only one subject is shown here; the other showed a slightly weaker but similar trend.) The composite aura of the subject before hypnosis is shown in Figure 13.

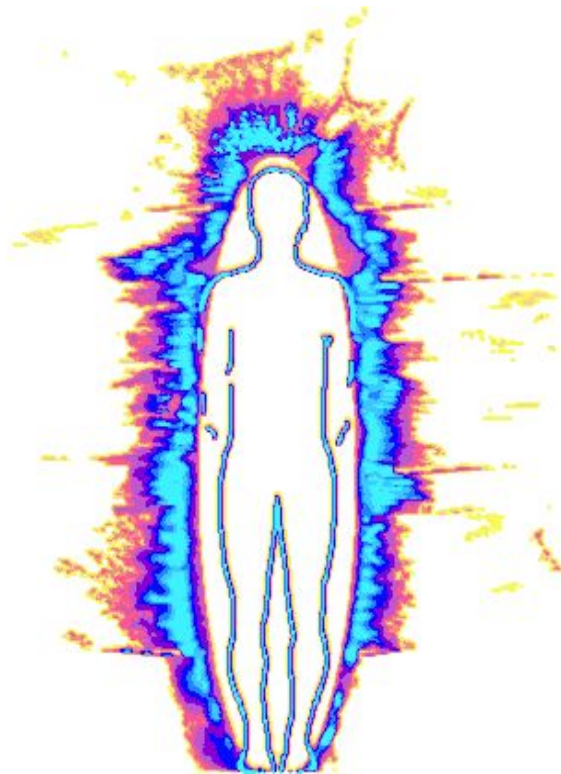


Figure 13. Initial composite aura for male, 49, before hypnosis.

Figure 13 shows a somewhat irregular aura for the subject prior to hypnosis. Figure 14 shows the aura after glove anesthesia was achieved in the left hand, during deep hypnosis. The post-hypnosis aura appears to be smoother, more regular in shape, and more energy appears to be in the left side of the body than on the right, despite the induction command used. (Note: left and right appear reversed as shown in the aura figures.). This greater amount of energy on the left hand side of the body was confirmed in the organ diagram (See Figure 15), in which the energy expansion on the left side of the body can more readily be seen.

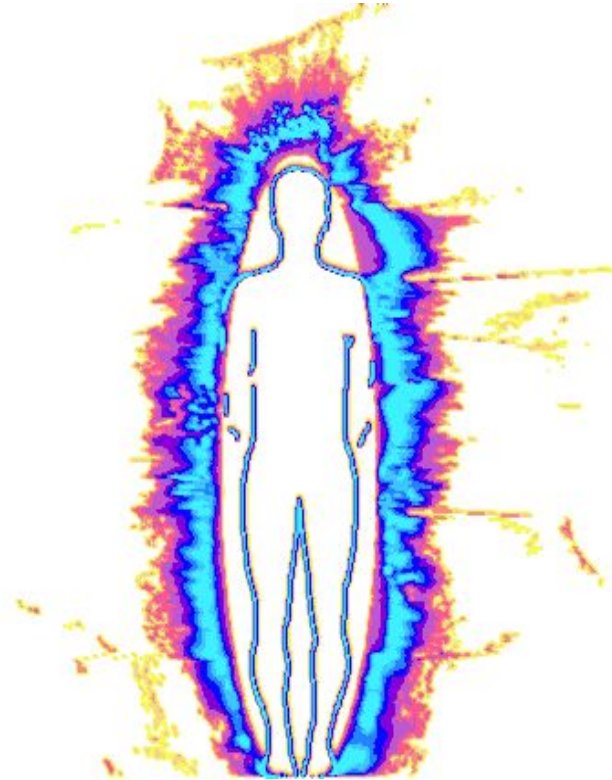
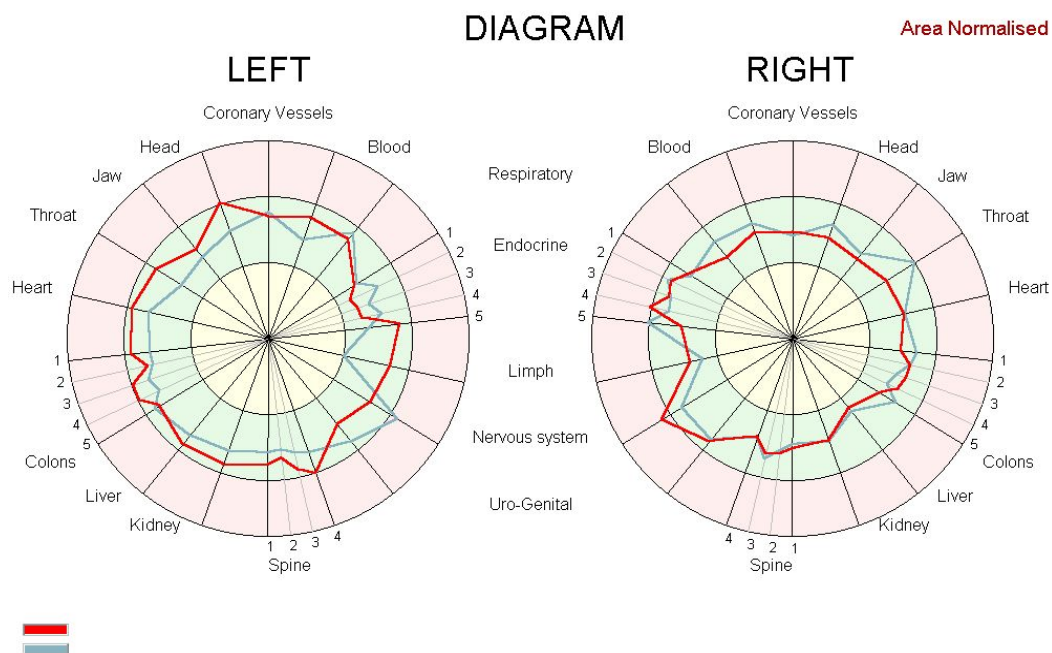


Figure 14. Composite aura for male, 49, after deep hypnosis with suggestion to move energy out of left hand and produce glove anesthesia.

Figure 15. Organ diagram for male, 49, pre- (charcoal curve) and post-hypnosis (black curve). Energy on the left hand side of the body is expanded after hypnosis to induce glove anesthesia in the left hand.



Calculations of the relative energy distribution on the left and right sides of the body before and after hypnosis are shown in Table 2. The data show that before hypnosis, there was a small but insignificant difference in the energy on the right and left side of the body, with slightly more (0.023) on the left. However, upon hypnosis with an induction to create glove anesthesia in the left hand, significantly more energy appeared on the left side of the body with the less negative figure obtained (-0.312) compared to that on the right (-0.638).

	Before	After
Left side	-0.581 (0.44)	-0.312 (0.48)
Right	-0.543 (0.40)	-0.638 (0.36)



side		
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Table 2. Relative integrated energy distribution on left and right sides of the body before and after hypnosis of male subject, 49. Standard deviations are shown in parenthesis for each calculation.

This result suggests that the process of hypnotic induction for glove anesthesia in the left hand involves entering into an altered state with expanded energy regionally specific in the body (in this case, left side). This finding is consistent with the fact that highly specific hypnotic inductions in hypnotizable subjects are known to create highly specific perceptions and behaviors in the subjects. In this case, it was expected that glove anesthesia might be associated with reduced energy in the body part in which it was induced, but it was found that more energy was observed. Speculating, it is possible that the person has gone “out of the body” on the anesthetized side, manifesting greater presence in the energy realm on that side of the body than in the material realm.

### *C. Entity Possession and Release*



Figure 16. Composite aura of female, 63, under voluntary possession of “benign entity” whom she claims augments her psychic powers.

A. female subject, age 63, who claimed to be able to assess human auras worked with me to investigate this. Her ability to assess the human aura correlated well with my scientific measurements of the human energy field for three subjects in shape, size, and general pattern (data not shown). At the end of the experiment, she confided in me that she was able to do this due to an entity that she believed occupied her energy field, who augmented her psychic powers, and who had been with her for over 50 years. She seemed to regard the entity as a friend. I had already run a baseline aura measurement on her with the purported entity in her energy field. I then asked whether she would be willing to release the



entity so that I might take a measurement and compare it to her aura in her usual state with the entity. After balking at the idea for a little while, she decided to do it. She told the entity to leave for the sake of a scientific experiment and to return to her in 15 minutes.

Figure 16 shows the composite aura of the subject in her usual state with the benign entity.

Figure 17. Composite aura of female subject, 63, after she released benign entity.

Figure 17 shows the composite aura after she released the benign entity. The energy pattern is larger and more even, indicating greater vitality and improved energy regulation. A curious “pore” in the top of the crown is seen, barely present in Figure 16, which suggests a porosity in her connection to the spiritual realm. Figure 18 shows the organ diagram.

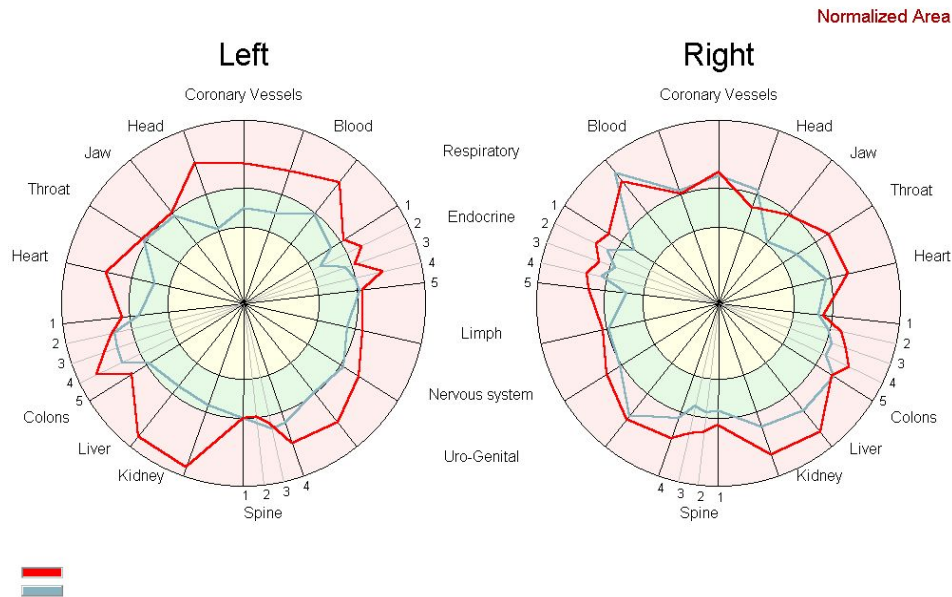


Figure 18. Organ diagram for female, 63, under condition of chronic voluntary possession by entity (charcoal curve) and after she released entity temporarily (black curve).

	Entity Present	Entity Released
Left	0.258 (0.33)	0.874 (0.42)
Right	0.392 (0.40)	0.771 (0.35)

Table 3. Relative energy distribution on left and right sides of the body before and after female subject released entity. Standard deviations are shown in parenthesis for each calculated value.

The results suggest that under entity possession the subject’s energy is suppressed or perhaps utilized by the entity, so that the relative values of energy in the left and right hand sides of the body are reduced significantly. Releasing the entity releases the energy back to the subject’s body, and expands the integrated energy values on the left and right as shown in Table 3. The subject has a strong energy pattern, so that she is not energy-deficient when possessed by the entity.

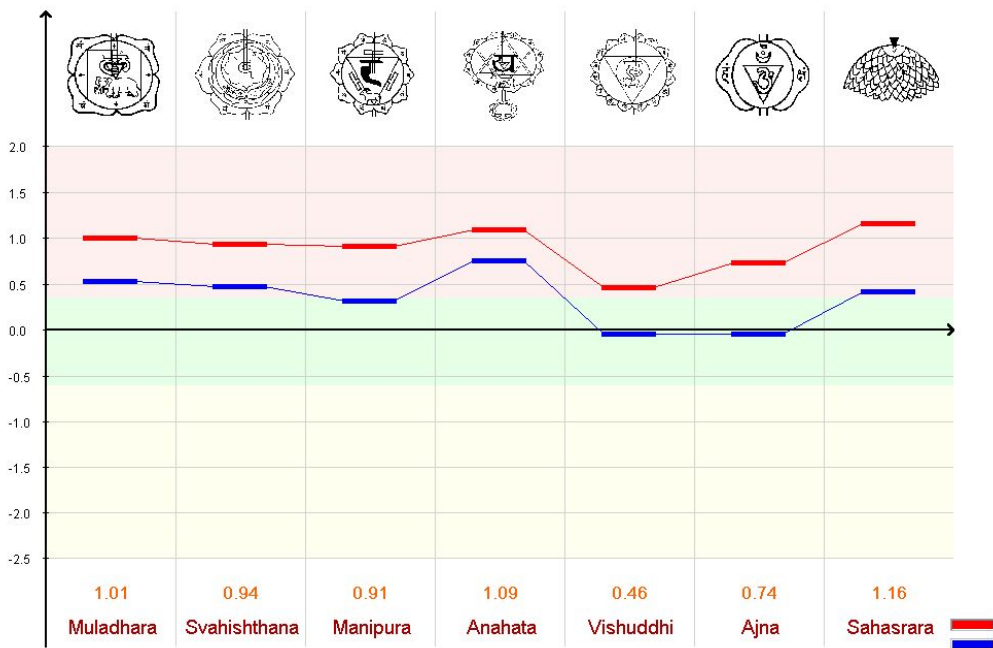


Figure 19. Chakra diagram for female subject, 63, under entity possession (lower curve) and with entity released (upper curve).

Figure 19 shows the chakra diagram for the subject, in which the lower curve is the energy profile in the chakras under entity possession, and the upper curve is that when the entity is released. Apparently, the interaction of the entity with her energy system reduces the energy of each chakra, but the higher chakras (5, 6, and 7) appear to be most reduced by the entity's presence.

#### D. Subject Practicing Dayan (Wild Goose) Qigong

These data were obtained during a field experiment at an all-day qigong workshop<sup>i</sup> led by qigong master Bett Martinez. Eight participants in the workshop were measured; however, only the data on a single participant, a woman with 5 years' practice of qigong, is shown here. The pre-qigong aura of the subject, a 58-year old female, is shown in Figure 20. Note the irregularity in the pattern as well as in the brightness, and the gaps and asymmetry.

Figure 20. Energy pattern of female, 58, before qigong practice.

The post-qigong energy pattern of the subject shown in Figure 21. Note how the aura has expanded, particularly in the region of the crown of the head, and how it is more regular and symmetrical than the previous state.

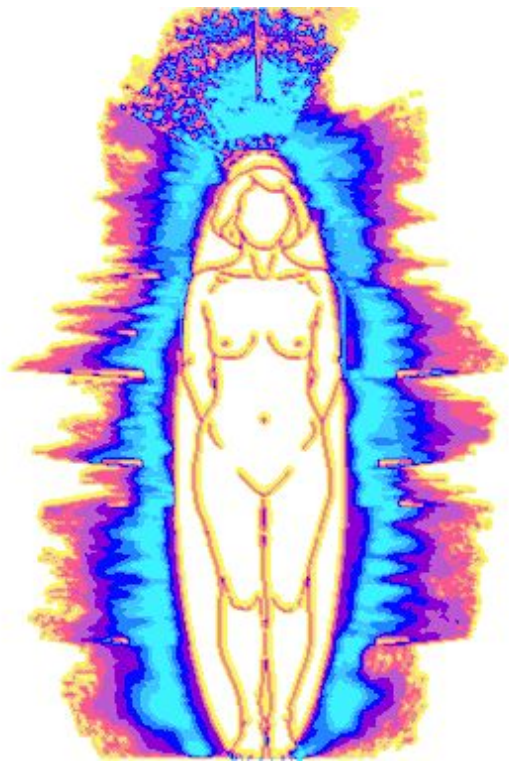


Figure 21. Energy pattern of female, 58, after Wild Goose Qigong.

The organ diagram for the subject pre- and post-qigong is shown in Figure 22. The charcoal curve shows the energy distribution on both sides of the body for the subject before qigong; the black curve shows the situation after qigong. The smoother curves obtained post-qigong indicate more uniform energy distribution, and better energy regulation. This is confirmed by the data in Table. 4, which show that the standard deviations for post-qigong integrated energy distribution values are smaller.

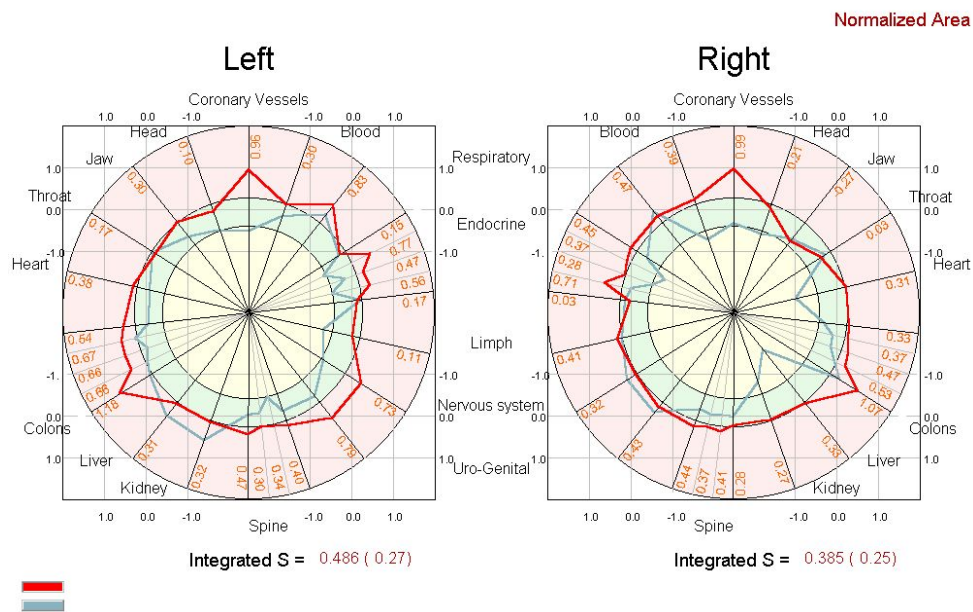


Figure 21. Organ diagram for female, 58, pre- (charcoal curve) and post- (black curve) qigong.

	Pre-qigong	Post-qigong
Left	0.013 (0.35)	0.486 (0.27)
Right	-0.013 (0.47)	0.385 (0.25)

Table 4. Relative energy distribution on left and right sides of the body before and after female subject performed qigong. Standard deviations are shown in parenthesis for each calculated value.

The chakra diagram is shown in Figure 22. Most notably, all chakras are increased in energy after qigong, except for the throat chakra (Vishuddhi). The heart and crown chakra were the most expanded following qigong.

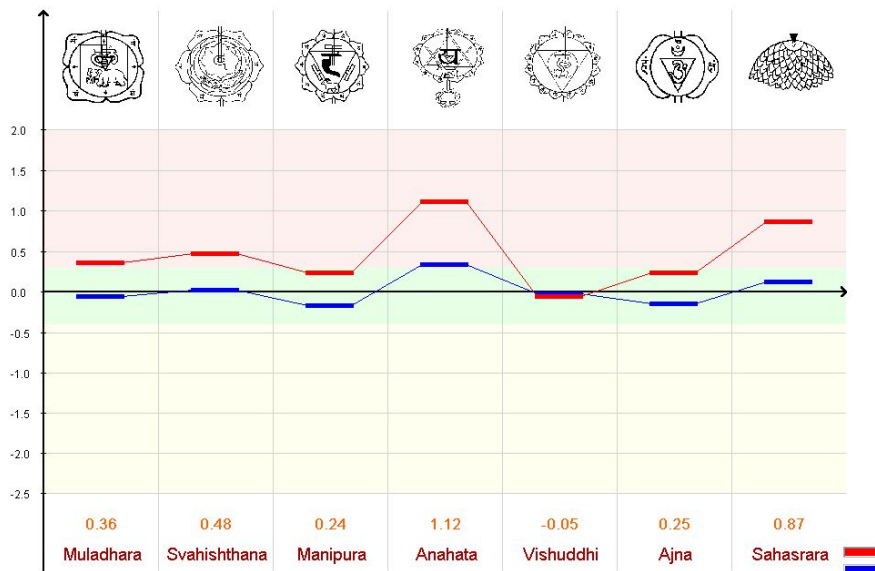


Figure 22. Chakra diagram for female subject, 58, pre-qigong (lower curve) and post-qigong (upper curve).

The results indicate that the human energy field was significantly expanded, that energy regulation was enhanced, and that energy in the heart and crown chakras were especially increased in this subject following qigong practice.

### *E. Control Subject #1*

The first control subject was a male, 39, who worked at a computer and read a book between the measurements, which were taken hours apart. He was blinded as to the nature of this study. The initial composite aura is shown in Figure 23, and the final composite aura at 4 hours is shown in Figure 24. This represents a control case in which no interventions were performed. Moreover, this subject does not engage regularly in mind-body practices or energy medicine interventions.



Figure 23. Male, 39, control, initial composite aura.



Figure 24. Male, 39, control, composite aura after working 4 hours reading a book and operating a computer.

The two auras appear to be very similar. The organ diagram is shown in Figure 25.

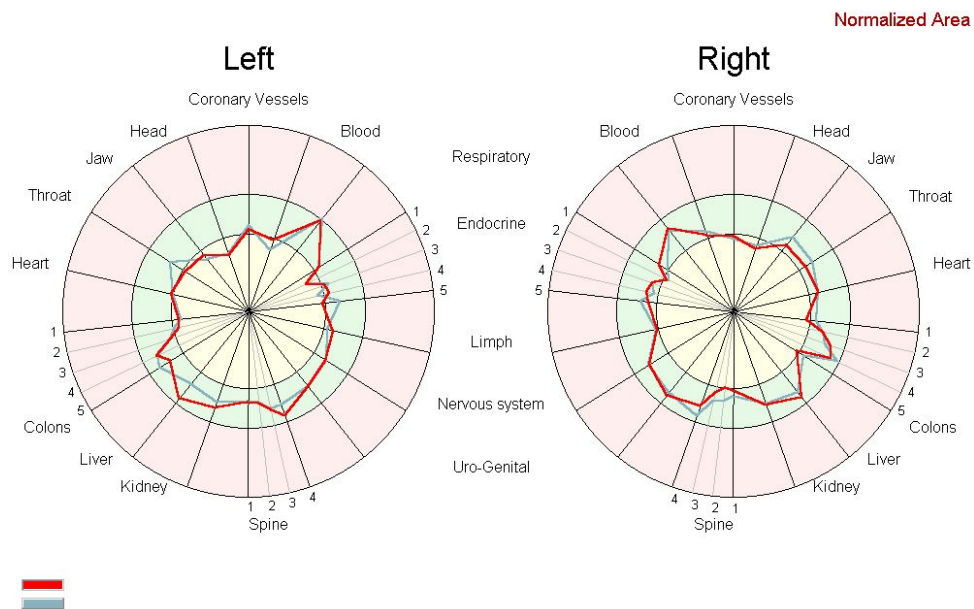


Figure 25. Organ diagram for control subject, male, 39, taken twice, 4 hours apart. Charcoal curve represents the initial measurement, and the black curve the final measurement.

Table 4 shows the relative energy distribution on left and right sides of the body for the initial and final measurements. The values are not significantly different, nor are the



standard deviations shown in parenthesis for each calculated value.

	Initial	Final
Left side	-0.399 (0.33)	-0.391 (0.34)
Right side	-0.290 (0.27)	-0.346 (0.29)

Table 5. Relative energy distribution on the left and right sides of the body for the first control subject, male, 39, taken 4 hours apart. Standard deviations for these integrated energy values are shown in parentheses for each calculated value.

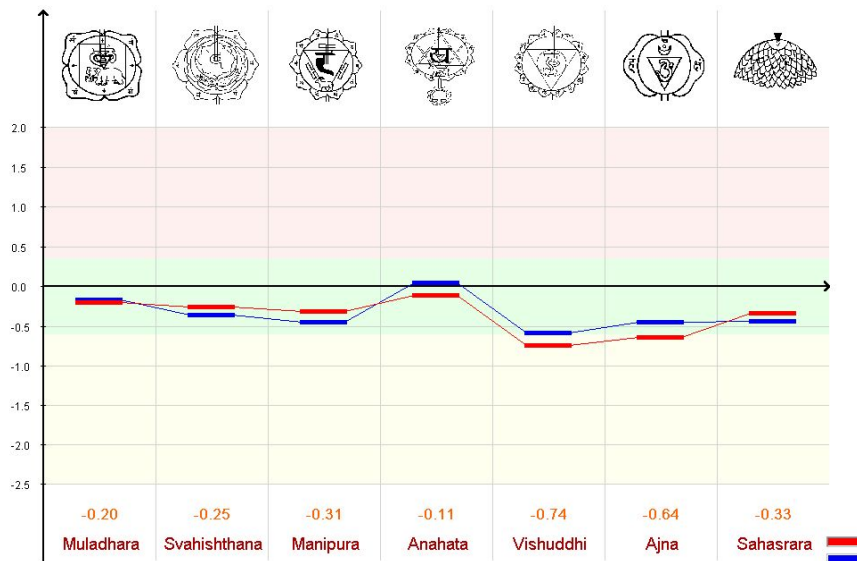


Figure 26. Chakra diagram for control subject, male, 39, taken twice, 4 hours apart.

The chakra diagram for this control subject shown in Figure 26 shows no significant difference between the two measurements.

The data considered collectively for this control subject show no significant difference in energy distribution, pattern, or intensity for the two measurements. Moreover, the data show a typical pattern of a healthy adult in the ordinary state of consciousness, with stability over time.

*F. Control Subject #2*

The second control subject is a female, 62, who had a conversation with a colleague in between the 2 measurements taken 2 hours apart. She was blinded as to the nature of this study. The initial composite aura is shown in Figure 27, and the final composite aura at 2 hours is shown in Figure 28. This represents a second control case in which no interventions were performed.

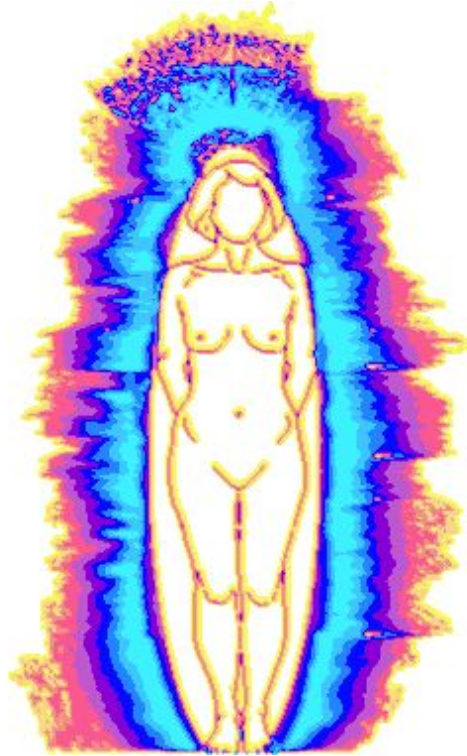
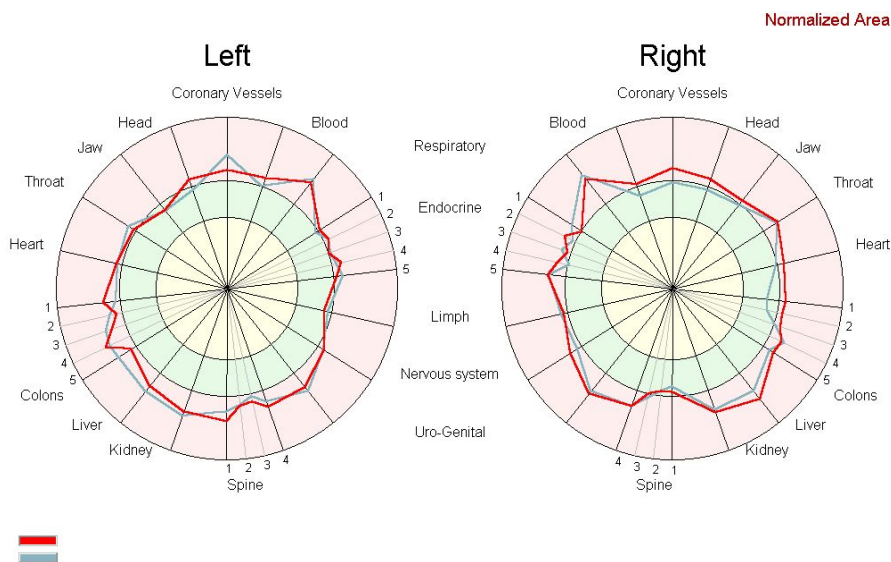


Figure 27. Initial composite aura of control subject, female, 62.

Figure 28. Final composite aura of control subject, female, 62.

No significant difference is seen between these two auras. Figure 29 shows the organ diagram for the initial and final measurements. Again, no significant difference between the two measurements is seen. This is confirmed by the data shown in Table 5.

Figure 29. Organ diagram for initial and final measurements of control subject #2, female, 62.



	Initial	Final
Left side	0.627 (0.28)	0.613 (0.23)
Right side	0.515 (0.31)	0.635 (0.25)

Table 6. Calculated integrated relative energy values for left and right sides of the body, control subject #2, female, 62, measured twice.

Figure 30 shows the chakra diagram for both runs on this control subject, and once again, it reveals no significant difference.

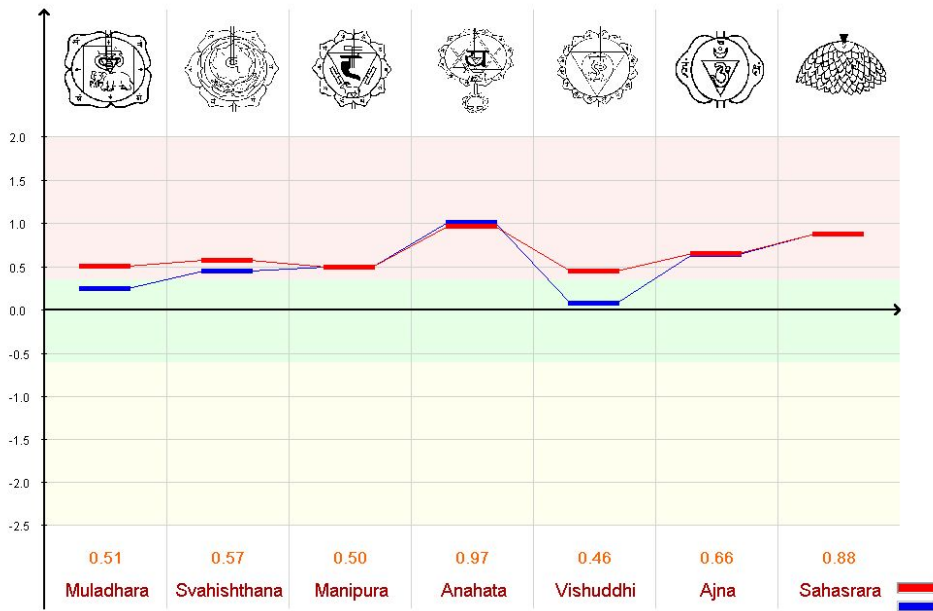


Figure 30. Chakra diagram for control subject, two runs.

Taken collectively, the evidence for control subject #2 shows no significant difference in energy distribution, pattern, or intensity for the two measurements. Moreover, the data show a typical energy distribution pattern for a person who practices yoga, qigong, or other mind-body practice, which is expanded over the typical values observed for the average person. In this case, the subject is a yoga practitioner, although this intervention was not examined here.

## *CONCLUSIONS AND DISCUSSION*

The data for 4 subjects that underwent interventions or mind-body alterations shows significant changes in energy emission patterns. These interventions including practicing Therapeutic Touch, a type of biofield therapy; undergoing hypnosis to induce glove anesthesia in the left hand; under possession and then release of a benign entity; and practicing qigong. Additionally, the data for 2 control subjects that did not undergo any interventions between measurements showed no significant changes between initial and final measurements. This was true despite the fact that control subject #2 was a yogini and practiced yoga regularly.

The data indicate that practices such as biofield therapy, hypnosis, and qigong can alter the human energy field in particular ways as shown herein, and that the presence of an entity in the energy field can also alter it. Some of the practices showed changes that were expected; for example, the practice of qigong, whereas other practices such as the effects of hypnosis showed trends that opposed the researcher's and hypnotists' expectations. As this is only a preliminary study of a small number of cases, no strong conclusions can be said about the trends observed.

Nonetheless, these data demonstrate some of the promising features of this new method of scientific analysis of the digital Kirlian aura. It appears to be a stable method of ascertaining various features about the human energy system, both qualitatively and quantitatively, and promises to be useful as one method of investigating the human biofield. Many other types of quantitative analysis of the aura are possible with the GDV camera software, but they were not done in this initial study.

It is possible that positive changes in the aura following a particular intervention indicate that that therapy might be useful to the subject for enhancing health or healing. In relation to this, Oriental medicine maintains that, "blood follows qi", meaning that the flesh and blood will follow in the direction of subtle energy. Therefore, if energy regulation is improved, the patient will improve. Further studies are needed to confirm this with respect to this new methodology, however, using large numbers of subjects studied under long term.

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<sup>i</sup> Dayan Qigong Workshop led by qigong master Bett Martinez at the 4<sup>th</sup> World Qigong Congress, May 2001. This conference was hosted by Dr. Effie Chow of the East West Qigong Center, San Francisco.